

Adopted: February 25, 2014
Reviewed: May 31, 2016
Revised: September 26, 2023

ATHLOS LEADERSHIP ACADEMY POLICY No. 5.5.8 STUDENT MEDICINE IN SCHOOL

I. PURPOSE

The purpose of this policy is to set forth provisions for administering both prescription and non-prescription medication during the school day.

II. POLICY STATEMENT

Some students may require medication for chronic or short-term illness or health conditions during school hours and on school sponsored field trips. This medication enables students to remain in school and participate in their education. Although Athlos Leadership Academy believes that under normal circumstances medication should be given by a parent or guardian before or after school hours whenever possible, the school may provide administration of medication for a student in accordance with state law and Athlos Leadership Academy procedures.

III. REQUIREMENTS

- A. Medication may be administered only by the school health assistant or other designated school personnel.
- B. The administration of prescription and nonprescription medication at school requires a completed signed request from the student's parent or guardian. The parent or guardian must put in writing an oral request within two school days. The school may rely on an oral request until the written request is received.
- C. A written order signed by the licensed medication prescriber and the parent/guardian is required for all prescription medication. The written order must be renewed annually and whenever the medication dosage or administration changes.
- D. Prescription medication must come to school in the original container labeled for the student by a pharmacist in accordance with law, and must be administered in a manner consistent with the instructions on the label.
- E. The parent/guardian must immediately notify the school in writing of any change in the student's prescription medication administration. A new medical authorization and container label with new pharmacy instructions shall be required immediately.

- F. Nonprescription medication must come to school in the original container, marked with the student's name, and must be administered in a manner consistent with the instructions on the label. The parent/guardian must immediately notify the school in writing of any change in the student's nonprescription medication administration.
- G. For drugs or medicine used by children with a disability, administration may be as provided in the IEP, Section 504 plan or IHP.
- H. All medication administered at school will be documented in accord with Athlos Leadership Academy procedures.
- I. Prescription and nonprescription medications are not to be carried by the student, but will be kept in the school health office. Exceptions to this requirement are: (1) prescription asthma medications self-administered with an inhaler in accord with state law and school procedures, (2) a secondary student's possession of nonprescription pain relievers in accord with state law and school procedures, (3) prescription epinephrine self-administered with a non-syringe injector in accord with state law and school procedures, and (4) medications administered as noted in a written agreement between the school and parent or as specified in an IEP, Section 504 plan or IHP (individual health plan).
- J. Medication should be disposed of according to school procedures at the end of each school year.
- K. Prescription Inhalers. Students with asthma or a restrictive airway disease are permitted to carry prescription inhalers to self-administer for the treatment of asthma or a restrictive airway disease when they have: (1) written parent consent to do so, (2) a licensed prescriber's order, (3) the inhaler is properly labeled for the student, and (4) the parent has submitted written verification from the prescribing professional that documents an assessment of the student's knowledge and skills to safely possess and use an asthma inhaler in the school setting.
- L. Epi-Pens. At the start of each school year or at the time a student enrolls in school, whichever is first, a student's parent, designated school staff and the prescribing medical professional must develop and implement an individualized written health plan for a student who is prescribed non-syringe injectors of epinephrine that enables the student to:
 - 1. Possess non-syringe injectors of epinephrine; or
 - 2. If the parent and prescribing medical professional determine the student is unable to possess the epinephrine, have immediate access to non-syringe injectors of epinephrine in close proximity to the student at all times during the instructional day.

For purposes of this policy, instructional day means the regular school hours on student attendance days. The plan must designate the school staff responsible for implementing the student's health plan, including recognizing anaphylaxis and administering non-syringe injectors of epinephrine when required, consistent with state law. The parent must provide properly labeled non-syringe injectors of epinephrine to the school for the student as needed.

- M. Athlos Leadership Academy will not administer medications, including herbal medicines that are not approved by the Food and Drug Administration agency.
- N. Beginning the 2023-2024 school year, Athlos Leadership Academy will obtain and possess Narcan (naloxone) to be maintained and administered by trained school staff to a student or other individual if it is determined in good faith that person is experiencing an opioid overdose.
 - 1. Athlos Leadership Academy will obtain a standing order for Narcan (naloxone) by a licensed medical prescriber and update as needed.
 - 2. Stock Narcan (naloxone) will be stored in a secure location that is accessible by trained staff, clearly labeled, and monitored for expiration dates. Athlos Leadership Academy will have two doses of nasal Narcan (naloxone) available on-site.
 - 3. Athlos Leadership Academy will identify appropriate staff to be trained annually in administering Narcan (naloxone).
 - 4. The Good Samaritan Overdose Prevention (Minn. Stat. § 604A.04) allows "A person who is not a health care professional who acts in good faith in administering an opiate antagonist to another person whom the person believes in good faith to be suffering a drug overdose is immune from criminal prosecution for the act and is not liable for any civil damages for acts or omissions resulting from the act."
 - 5. In the event that Athlos Leadership Academy must administer Narcan (naloxone), employees must contact emergency services due to the temporary effect of Narcan (naloxone) in case further medical support is necessary. Employees shall inform the building administrator that Narcan (naloxone) was administered once the emergency has ended. If the recipient of the Narcan (naloxone) is a minor, employees shall contact the parent or guardian as soon as possible after the emergency has ended to inform the parent or guardian of what transpired.
 - 6. Athlos Leadership Academy will maintain the privacy of students and staff related to the administration of Narcan (naloxone) as required by law.
- O. The following exceptions apply to this policy:

1. Parents/guardians must make arrangements with the school for special health treatments such as catheterization, tracheostomy suctioning, and gastrostomy feedings. Such special health treatments do not constitute administration of medicine for purposes of this policy.
2. Emergency health procedures, including the emergency administration of medicine, are not subject to this policy.
3. Drugs or medicine provided or administered by a public health agency to prevent or control an illness or a disease outbreak are not governed by this policy.
4. A secondary student may possess and use a nonprescription pain reliever in a manner consistent with the labeling, if the school has received a yearly written authorization from the student's parent/guardian permitting the student to self-administer the medication. The school may revoke the student's privilege to possess and use nonprescription pain relievers if the school determines that the student is abusing the privilege. This provision does not apply to the possession or use of any drug or product containing ephedrine or pseudoephedrine as its sole active ingredient or as one of its active ingredients.
5. Medications that are used in connection with activities that occur before or after the regular school day, other than the procedure that is in place related to field trips outside of the regular school day, are not covered by this policy.

Legal References: Minn. Stat. § 13.32 (Educational Data)
 Minn. Stat. § 121A.22 (Administration of Drugs and Medicine)
 Minn. Stat. § 121A.2205 (Possession and Use of Epinephrine Auto-Injectors; Model Policy)
 Minn. Stat. § 121A.2207 (Life-Threatening Allergies in Schools; Stock Supply of Epinephrine Auto-Injectors)
 Minn. Stat. § 121A.221 (Possession and Use of Asthma Inhalers by Asthmatic Students)
 Minn. Stat. § 121A.222 (Possession and Use of Non-prescription Pain Relievers by Secondary Students)
 Minn. Stat. § 121A.224 (Opiate Antagonists)
 Minn. Stat. § 151.212 (Label of Prescription Drug Containers)
 Minn. Stat. § 152.01 (Definitions)
 Minn. Stat. § 604A.04 (Good Samaritan Overdose Prevention)

Cross References: ALA Policy 5.5.2 (Drug-Free Workplace / Drug-Free School)